

Old-Age (retirement), Survivors, and Disability Insurance (OASDI)—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker's lifetime covered earnings largely determine the amount of benefits received.

Table 1. Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2023

			Number of b	eneficiaries	Tota (tho	Number of				
	T ()	Retired	Disabled	Widow(er)s	0 8	ou tu b	All	Retired	Widow(er)s	beneficiaries
Congressional district	Total	workers	workers	and parents	Spouses ^a	Children ^D	beneficiaries	workers	and parents	aged 65 or older
Vermont	161,841	123,996	19,165	7,125	2,942	8,613	293,760	243,145	12,644	130,129
All areas ^c	67,076,966	50,147,679	7,365,987	3,796,684	1,984,227	3,782,389	118,527,109	95,546,840	6,512,823	53,508,012

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

Supplemental Security Income (SSI) is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

Table 2. Number of recipients of federally administered SSI payments and total monthly payments, December 2023													
	 	Number of recipients By type By age								Total monthly payments (thousands of dollars)			
Congressional district	Total	Aged	Blind	Disabled	Under 18	18–64	65 or older	Total	Aged	Blind	Disabled	OASDI ^a	
Vermont	13,660	848	80	12,732	1,138	9,585	2,937	9,433	382	55	8,995	5,442	
All areas ^b	7,425,331	1,160,789	63,886	6,200,656	983,169	4,039,319	2,402,843	5,292,598	632,748	47,283	4,612,568	2,504,566	

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data.

a. Includes persons who are receiving both SSI payments and Social Security benefits.

b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

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